

# PK LB W-Vlaanderen: Session: 3: COACH evaluation sheet for TEAM: VZV

Coachinfo: Warming up from: 08:00 until 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bartholomeus Pieter

Coaches: Van Landschoot Gwendy HEADCOACH

Coaches: Vansteenland Annelies

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

<b>Event number: 20: 100M BUTTERFLY MEN 13+</b>		<b>Heat:2, starttime: 09:03</b>
<b>Heat: 2/6 Lane : 5 Athlete: GERMONPRÉ ACHIEL</b>		<b>Q-time: 01:20:16</b>
PB (50m pool): 01:25.95 Antwerpen 13/07/2025		PB (25m pool): 01:20.16 SB: no time
	<b>50 M</b>	<b>100 M</b>
PB	00:39.73	01:25.95
	00:39.73	00:46.22
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Coach feedback:

<b>Event number: 20: 100M BUTTERFLY MEN 13+</b>		<b>Heat:3, starttime: 09:05</b>
<b>Heat: 3/6 Lane : 6 Athlete: THIÉREN KASPER</b>		<b>Q-time: 01:16:58</b>
PB (50m pool): 01:19.91 Antwerpen 13/07/2025		PB (25m pool): 01:16.58 SB: no time
	<b>50 M</b>	<b>100 M</b>
PB	00:37.62	01:19.91
	00:37.62	00:42.29
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Coach feedback:

<b>Event number: 20: 100M BUTTERFLY MEN 13+</b>		<b>Heat:3, starttime: 09:05</b>
<b>Heat: 3/6 Lane : 8 Athlete: NEYRINCK LOÏCK</b>		<b>Q-time: 01:18:25</b>
PB (50m pool): 01:23.29 Antwerpen 14/07/2024		PB (25m pool): 01:18.25 SB: no time
	<b>50 M</b>	<b>100 M</b>
PB	no time	01:23.29
	no time	
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Coach feedback:

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<b>Event number: 21: 100M BUTTERFLY WOMEN 13+</b>			<b>Heat:2, starttime: 09:15</b>
<b>Heat: 2/5 Lane : 6 Athlete: GERMONPRé CÉZANNE</b>			<b>Q-time: 01:27:56</b>
PB (50m pool): 01:29.05 Antwerpen 20/07/2025		PB (25m pool): 01:27.56 SB: no time	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:41.96	01:29.05	
	00:41.96	00:47.09	
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Coach feedback:

<b>Event number: 22: 50M BUTTERFLY MEN 11-12</b>		<b>Heat:1, starttime: 09:24</b>
<b>Heat: 1/5 Lane : 3 Athlete: GOETHALS LOWIE</b>		<b>Q-time: 99:99:99</b>
PB (50m pool): no time		PB (25m pool): no time SB: no time
	<b>5 0 M</b>	
PB	no time	
	no time	
	.....	

Coach feedback:

<b>Event number: 24: 200M BACKSTROKE MEN 13+</b>				<b>Heat:3, starttime: 09:56</b>
<b>Heat: 3/4 Lane : 5 Athlete: BONNY ANDREAS</b>				<b>Q-time: 02:27:20</b>
PB (50m pool): 02:31.22 Antwerpen 13/07/2025		PB (25m pool): 02:27.20 SB: no time		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>
PB	00:35.33	01:13.04	01:51.89	02:31.22
	00:35.33	00:37.71	00:38.85	00:39.33
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Coach feedback:

<b>Event number: 25: 100M FREESTYLE MEN 11-12</b>			<b>Heat:1, starttime: 10:03</b>
<b>Heat: 1/5 Lane : 0 Athlete: GOETHALS LOWIE</b>			<b>Q-time: 99:99:99</b>
PB (50m pool): no time			PB (25m pool): no time SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	no time	no time	
	no time		
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Coach feedback:

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<b>Event number: 26: 200M FREESTYLE WOMEN 13+</b>				<b>Heat:1, starttime: 10:13</b>	
<b>Heat: 1/6 Lane : 7 Athlete: GERMONPRé CÉZANNE</b>				<b>Q-time: 99:99:99</b>	
PB (50m pool): no time		PB (25m pool): no time SB: no time			
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	no time	
	<i>no time</i>				
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Coach feedback:

<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:1, starttime: 10:34</b>	
<b>Heat: 1/8 Lane : 7 Athlete: GERMONPRé ACHIEL</b>				<b>Q-time: 99:99:99</b>	
PB (50m pool): 02:49.28 Izegem 24/06/2023		PB (25m pool): 02:21.46 SB: no time			
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	02:49.28	
	<i>no time</i>				
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Coach feedback:

<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:4, starttime: 10:44</b>	
<b>Heat: 4/8 Lane : 0 Athlete: THIEREN KASPER</b>				<b>Q-time: 02:22:57</b>	
PB (50m pool): 02:25.30 Antwerpen 13/07/2025		PB (25m pool): 02:22.57 SB: no time			
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:33.78	01:10.53	01:48.57	02:25.30	
	00:33.78	00:36.75	00:38.04	00:36.73	
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Coach feedback:

<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:4, starttime: 10:44</b>	
<b>Heat: 4/8 Lane : 1 Athlete: BONNY ANDREAS</b>				<b>Q-time: 02:21:84</b>	
PB (50m pool): 02:20.82 Antwerpen 14/07/2024		PB (25m pool): 02:21.46 SB: no time			
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	02:20.82	
	<i>no time</i>				
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<b>Event number: 27: 200M FREESTYLE MEN 13+</b>				<b>Heat:5, starttime: 10:47</b>	
<b>Heat: 5/8 Lane : 6 Athlete: NEYRINCK LOÏCK</b>				<b>Q-time: 02:15:00</b>	
PB (50m pool): 02:19.72 Antwerpen 13/07/2025			PB (25m pool): 02:15.00 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:32.74	01:08.69	01:44.74	02:19.72	
	00:32.74	00:35.95	00:36.05	00:34.98	
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Coach feedback:

<b>Event number: 28: 400M MEDLEY WOMEN 13+</b>						<b>Heat:1, starttime: 10:59</b>		
<b>Heat: 1/2 Lane : 5 Athlete: BARTHOLOMEUS FLORIANNE</b>						<b>Q-time: 06:17:46</b>		
PB (50m pool): no time			PB (25m pool): 06:17.46 SB: no time					
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	<b>250 M</b>	<b>300 M</b>	<b>350 M</b>	<b>400 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
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Coach feedback: